

NOVEMBER





SUN	MON	TUE	WED	THU	FRI	SAT
1 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:30 **Immanuel Christian Church-W**	**2** 10:00 Morning Refreshments 10:30 Daily Chronicle/Devotions/ Van Ride 11:00 **Craft w/ Holly from Amedysis-W** 1:00 Bowling Club 2:00 Making Sandwiches 3:00 Roll & Flip Game 6:00 The Waltons	**3** 10:00 **Music w/ Robert Caldwell– W** 10:30 Daily Chronicle/Devotions/ Van Ride 11:00 **Lunch Outing @ Applebees** 1:00 Virtual Hiking 2:00 Parfaits 3:00 Pampered Hands 6:00 Family Feud	**4 Candy Day** 10:00 Morning Refreshments 10:30 Daily Chronicle/Devotions/ Van Ride 11:30 Sit & Fit 1:00 Balloon Tennis 2:00 Candy Bar Social 3:00 Price is Right 6:00 Little House	**5** 10:00 Morning Refreshments 10:30 Daily Chronicle/Devotions/Van Ride 11:00 Morning Workout 1:00 Dart Club 2:00 **Music w/ The Goodtimers** 3:00 Pampered Hands 6:00 Leave It To Beaver	**6** 10:00 Morning Refreshments 10:30 Daily Chronicle/ Devotions/ Van Ride 11:00 Get Moving 1:00 Soccer Club 2:00 BINGO w/ Prizes 3:00 Table Top Puzzles 6:00 Lawrence Welk Show	**7** 10:00 Golden Girls 11:00 Puzzles 1:00 Afternoon Musical 2:00 Hydration/Snack Cart 4:00 Hallmark Movie
8 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:30 **Mt. Sinai Baptist Church– W**	**9** 10:00 Morning Refreshments 10:30 Daily Chronicle/Devotion/ Van Ride 11:00 Chair Exercise 1:00 Bowling Club 2:00 Making Stuffing 3:00 Turkey Trivia 6:00 The Waltons	**10** 10:00 Morning Refreshments 10:30 Daily Chronicle/Devotions/Van Ride 11:00 Balloon Toss 1:00 Virtual Hiking 2:00 **Music w/ Keith Campbell-D** 3:00 Pampered Hands 6:00 Family Feud	**11 Veteran's Day** 10:00 Morning Refreshments 10:30 Daily Chronicle/Devotions/ Van Ride 11:00 Sit & Fit 1:00 Balloon Tennis 2:00 **Veteran's Day Program– Fields** 3:00 Price is Right 6:00 Little House	**12** 10:00 Morning Refreshments 10:30 Daily Chronicle/Devotions/Van Ride 11:00 Morning Workout 1:00 Dart Club 2:00 Men's Club– Indoor Golf 3:00 Pampered Hands 6:00 Leave It To Beaver	**13** 10:00 Morning Refreshments 10:30 Daily Chronicle/ Devotions/ Van Ride 11:00 Get Moving 1:00 Soccer Club 2:00 **November Birthday Party-W** 3:00 BINGO w/Genworth 6:00 Lawrence Welk Show	**14** 10:00 Golden Girls 11:00 Puzzles 1:00 Afternoon Musical 2:00 Hydration/Snack Cart 4:00 Hallmark Movie
15 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 Hydration/Snack Cart 4:00 Hallmark Movie	**16** 10:00 Morning Refreshments 10:30 Daily Chronicle/Devotion/Van Ride 11:00 Chair Exercise 1:00 Bowling Club 2:00 Making Sandwiches 3:00 Bocce Ball 6:00 The Walton's	**17** 10:00 Morning Refreshments 10:30 Daily Chronicle/Devotions/Van Ride 11:00 Balloon Toss 1:00 Virtual Hiking 2:00 **Music w/ Mark Dawson– D** 3:00 Pampered Hands 6:00 Family Feud	**18** 10:00 Morning Refreshments 10:30 Daily Chronicle/Devotions/Van Ride 11:00 Sit & Fit 1:00 Balloon Tennis 2:00 Turkey Craft 3:00 Price Is Right 6:00 Little House	**19** 10:00 Morning Refreshments 10:30 Daily Chronicle/Devotions/Van Ride 11:00 Morning Workout 1:00 Dart Club 2:00 Country Store 3:00 Pampered Hands 6:00 Leave It To Beaver	**20** 10:00 Morning Refreshments 10:30 Daily Chronicle/Devotions/Van Ride 11:00 Get Moving 1:00 Soccer Club 2:00 BINGO 3:00 Table Top Puzzles 6:00 Lawrence Welk Show	**21** 10:00 Golden Girls 11:00 Puzzles 1:00 Afternoon Musical 2:00 **Music w/ Joshlyn-W** 4:00 Hallmark Movie
22 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:30 Hydration/Snack Cart 4:00 Hallmark Movie	**23** 10:00 Morning Refreshments 10:30 Daily Chronicle/Devotions/ Van Ride 11:00 Chair Exercise 1:00 Bowling Club 2:00 Making Sandwiches 3:00 Making Crazy Hats 6:00 The Waltons	**24** 10:00 Morning Refreshments 10:30 Daily Chronicle/Devotions/Van Ride 11:00 Balloon Toss 1:00 Virtual Hiking 2:00 Jumbo Blackjack 3:00 Pampered Hands 6:00 Family Feud	**25 Parfait Day** 10:00 Morning Refreshments 10:30 Daily Chronicle/Devotions/Van Ride 11:00 Sit & Fit 1:00 Balloon Tennis 2:00 Parfait Social 3:00 Price Is Right 6:00 Little House	**26 Thanksgiving** 9:00 Macy's Thanksgiving Day Parade 11:00 Puzzles 1:00 Afternoon Musical 2:00 Hydration/Snack Cart 4:00 Hallmark Movie	**27** 10:00 **Senior Life Music-W** 10:30 Daily Chronicle/Devotions/Van Ride 11:00 Get Moving 1:00 Soccer Club 2:00 Roll & Flip/ **Resident Council** 3:00 Table Top Puzzles 6:00 Lawrence Welk Show	**28** 10:00 Golden Girls 11:00 Puzzles 1:00 Afternoon Musical 2:00 Hydration/Snack Cart 4:00 Hallmark Movie
29 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:30 Hydration/Snack Cart 4:00 Hallmark Movie	**30 Crazy Hat Day** 10:00 Morning Refreshments 10:30 Daily Chronicle/Devotion/Van Ride 11:00 Chair Exercise 1:00 Bowling Club 2:00 Making Sandwiches 3:00 Bocce Ball 6:00 The Walton's	**Happy Birthday to:**	**Scott Pauley 11/13**		**Calendar is Subject to Change** **Van Rides are tentative based on transportation schedule** **Activities are 30-60 minutes**	



Heritage Green Leadership Team

Kimberly Logan, ALFA, LPN
Assisted Living Administrator/Executive Director

Zakiyah Pannell, LPN
Resident Care Director

Misty Barrett
Coco Chapman
Marketing & Admissions

Keyarria Lewis
Business Office Director

Emily Bradley, BSW
Daybreak Life Enrichment Director

Graham Wilson
Dining Services Director

Keith Martin
Environmental Services Director

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HERITAGE HERALD

Daybreak

Last Month on the Green:





Residents picked out pumpkins at Smith's Pumpkin Patch and enjoyed a fall treat!



Fall Wreathes were a hit getting everyone in the spooky spirit!



Long John Silvers was the restaurant of choice for our monthly outing.





Heritage Green Assisted Living▪ 200 Lillian Lane ▪ Lynchburg Virginia▪ 24502▪ 434-385-5102

Join Us

Family Participation Is Encouraged With All Activities
Please Contact the Activities Department @ 434-849-7466 for any questions or suggestions.